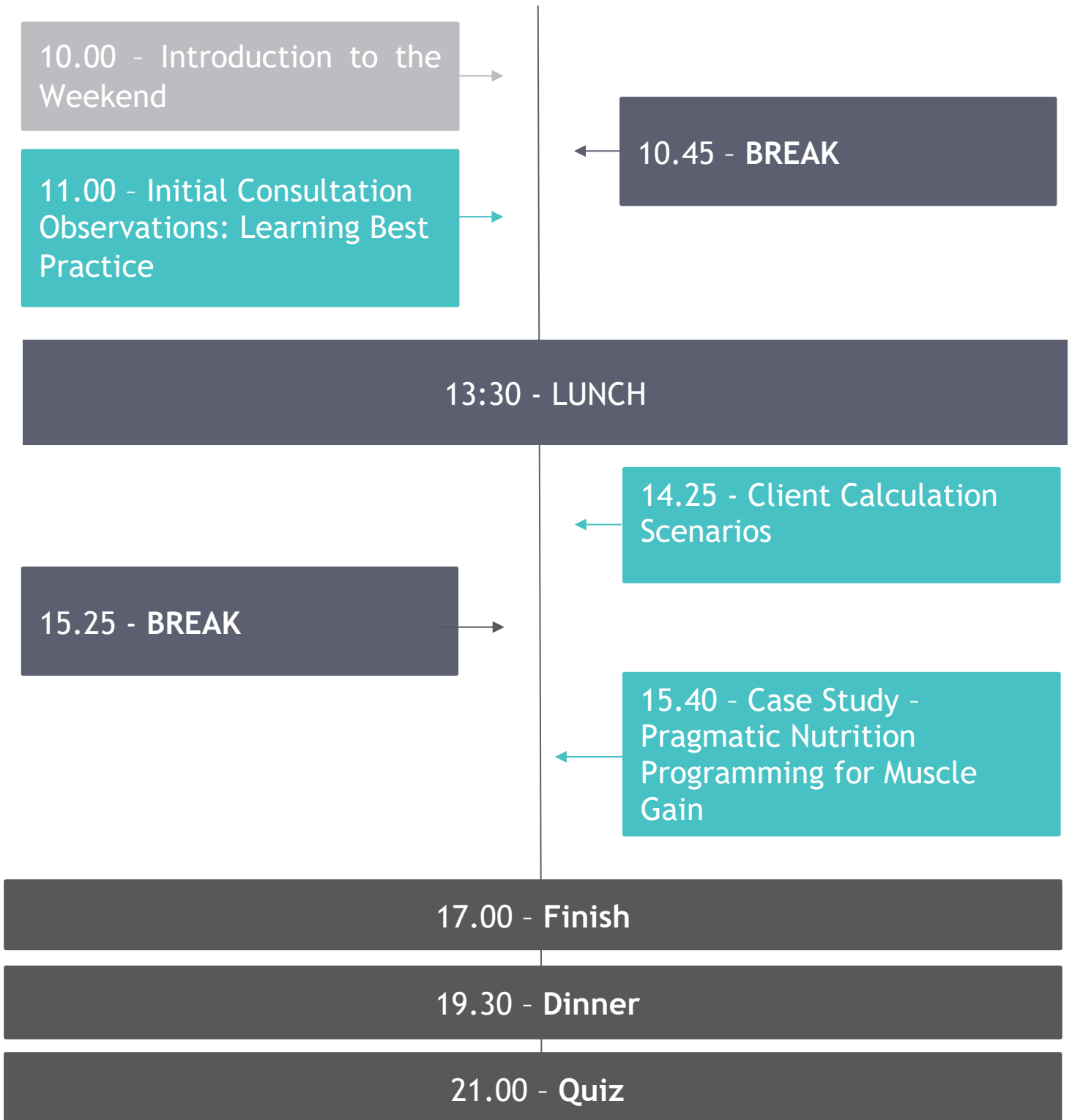




CASE STUDIES WEEKEND | COURSE TIMETABLE

DAY 1: SATURDAY





CASE STUDIES WEEKEND | COURSE TIMETABLE

DAY 2: SUNDAY

9.30 - Initial Consultation:
Practising Best Practice -
Part 1

11.15 - Case Study: Client
Programming for Fat Loss &
Clients with Metabolic
Adaptation

11.00 - BREAK

12.45 - LUNCH

13.40 - Initial Consultation:
Practising Best Practice -
Part 2

15.00 - Designing Services,
Onboarding Clients &
Delivering Quality

14.45 - BREAK

16.00 - Graduating from
MNU: Course Completion
Process & Professional
Development

17.00 - Open Q&A

APPROXIMATE FINISH TIME 18.00